1. Your Cells. Their Research. Your Permission? NY Times The Opinion Pages

2. Breast cancer detection rate using ultrasound is shown to be comparable to mammography

3. Breast-Conserving Therapy Yielded Better Outcomes Than Mastectomy for Early-Stage Patients

4. High Sugar Consumption Linked to Breast Cancer

5. Annual Hazard Rates of Recurrence for Breast Cancer During 24 Years of Follow-Up. Breast cancer survivors could be vulnerable to common illnesses

6. Breast cancer survivors could be vulnerable to common illnesses

7. Bee pollen and honey for climacteric (menopausal) symptoms in breast cancer patients

8. Could Aspirin Treat Breast Cancer?

9. Too Much Imaging in Stage I and II Breast Cancer Patients

10. Rates of Prophylactic Mastectomy Have Tripled in Past Decade despite No Survival Benefit

11. Long night fasting may cut risk of breast cancer recurrence

12. The Association of Breast Arterial Calcification and Coronary Heart Disease

13. The 21-Gene Recurrence Score Influenced Breast Cancer Chemotherapy Decisions More Strongly Than Adjuvant! Online

14. Cancer Patients Should Avoid Fish, Fish Oil During Chemo, Researchers Warn

15. New Psychotherapy May Help Fight Chemobrain in Cancer Survivors

16. Low Fat Diet Helps Postmenopausal Women Avoid Deadly Breast Cancers

17. Cold Caps (For Chemotherapy Hair Loss)

18. Women May Be Able to Reduce Breast Cancer Risk Predicted By Their Genes

19. Stress: A Cause of Cancer?

20. SLEEP, DARKNESS, HORMONES AND BREAST CANCER

21. LOCAL & NATIONAL INSURANCE, FINANCIAL & LEGAL RESOURCES FOR CANCER PATIENTS: Local resources are for the Hudson Valley NY

22. INFLAMMATION AND CANCER: From the Breast Cancer Options 2016 Healthy Lifestyles Calendar

23. Chemotherapy and Exercise: The Right Dose of Workout Helps Side Effects

24. PERSONAL CARE PRODUCTS: CHEMICALS TO AVOID


26. INFORMATION WEBSITES FOR CANCER PATIENTS-From the Breast Cancer Options website- www.breastcanceroptions.org

27. DEALING WITH THE SIDE EFFECTS OF CANCER TREATMENTS-Breast Cancer Options 2017 Healthy Lifestyles Calendar
28. Breast Cancer Study Encourages Reconsideration of DCIS (Ductal Carcinoma In Situ) and its Treatment

29. Exercise found to reduce fatigue and improve physical fitness in women undergoing breast cancer treatments

30. Nutritionism in Cancer Culture

31. Why more women are 'going flat' after breast cancer

32. Methylation Predicts Outcome in Metastatic Breast Cancer

33. **16 Steps To A Healthier Life For You And Your Family** - From the Breast Cancer Options 2017 Healthy Lifestyles Calendar. Ask for a copy!