

## 2015 ARCHIVES

1. [Is Cancer Bad Luck? Mitchell Gaynor, MD](#)
2. [Scientists demonstrate the connection between stress and cancer](#)
3. [Exercise Hormone May Offer Breast-Cancer Protection. Study Offers a Possible Link Between Physical Activity and Reduced Risk, Improved Survival Rates](#)
4. [Melatonin-containing Cream Effective Against Radiation-induced Dermatitis in Breast Cancer](#)
5. [Why Seek a Second Opinion?](#)
6. [Dealing With Side Effects Like Hand and Foot Syndrome? These Natural Remedies May Help](#)
7. [I Am The Patient, I Need To Be Heard](#)
8. [Which breast cancer patients need lymph nodes removed? Ultrasound narrows it down, study finds](#)
9. [Breakthrough discovery made in cancer treatment](#)
10. [BRCA Mutations and Cancer Prophylaxis: Finding Courage Through One Woman's Bravery](#)
11. [Low-Fat Diet May Help Prevent Certain Breast Cancers](#)
12. [Bankruptcy Fears Burden Patients with Cancer](#)
13. [Physical exercise helps women with breast cancer to better tolerate chemotherapy](#)
14. **INFLAMMATION AND CANCER**  
(From the Breast Cancer Options 2014 Healthy Lifestyles Calendar.)
15. **TREATING SIDE EFFECTS OF CANCER TREATMENTS WITH COMPLEMENTARY MEDICINE**  
(From the Breast Cancer Options 14th Annual Complementary Medicine Conference. Scott Berliner, RPh; Hope Nemiroff)
16. [Family History of Breast Cancer Doesn't Mean a Poor Prognosis for Women Who Develop the Disease](#)
17. [Natural Relief From Breast Cancer Treatment Side Effects: Joint Pain](#)
18. [Sleep duration and quality may impact cancer survival rate](#)
19. **STRESS REDUCTION**  
(From the 2015 Breast Cancer Options Healthy Lifestyles Calendar. Send for a free copy)
20. [Smoking May Impact Survival after a Breast Cancer Diagnosis](#)
21. [Aromatase Inhibitors, Bisphosphonates Reduce Breast Cancer Deaths](#)
22. [Study: Patients best off undergoing the shorter radiation therapy for breast cancer](#)
23. **USING COMPLEMENTARY THERAPIES WITH CONVENTIONAL TREATMENTS**  
(From the 2015 Breast Cancer Options Healthy Lifestyles Calendar. Send for a free copy)
24. [Study Examines Breast Cancer Mortality After Ductal Carcinoma In Situ Diagnosis](#)
25. [Diagnosed With Breast Cancer? Get a Second Opinion](#) (Pathology)
26. [Tomosynthesis Better Detects Cancer in Dense Breasts](#)

27. [Scientists demonstrate the connection between stress and cancer](#)
28. [Acupuncture Could Cool Hot Flashes in Breast Cancer Survivors](#)
29. [Mediterranean Diet Plus Olive Oil Associated with Reduced Breast Cancer Risk](#)
30. [Alcohol & Breast Cancer](#)
31. [Physical exercise helps women with breast cancer to better tolerate chemotherapy](#)
32. [Survival Benefit of Breast Surgery for Low Grade DCIS- Latest News](#)
33. [Device Improves Health and Saves Costs for Patients with Lymphedema](#)
34. [HOW TO EVALUATE HEALTH/MEDICAL INFORMATION-'RELATIVE RISK' VS 'ABSOLUTE RISK'](#)  
[http://www.naturalnews.com/019368\\_absolute\\_risk\\_relative.html](http://www.naturalnews.com/019368_absolute_risk_relative.html)
35. [FDA allows marketing of cooling cap to reduce hair loss during chemotherapy](#)