

# 14th ANNUAL COMPLEMENTARY MEDICINE CONFERENCE

*Spend one day with us and learn what you can do to  
stay healthy and reduce your cancer risk*

Sunday, April 26, 2015 – 8am-4pm

SUNY New Paltz Lecture Center, New Paltz NY

**CLICK ON THE TITLES WITH A \* TO OPEN PRESENTATIONS**

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**9:15 am— OPENING PLENARY— Does Choice Feed Confusion? Cancer Myths & Realities- Media Messages & Misinformation.** PANELISTS: Ronald Stram, MD; Heidi Puc, MD; Anne Skumai, PhD

## 10:45 WORKSHOPS

\* Strategies for Prevention of Cancer Recurrence. Heidi S. Puc, MD, FACP, ABIHM      \* Strategies for Prevention of Recurrence. Ron Stram, MD

— **Can You Hear Me Now? Communicating With Your Healthcare Team.** Anne Skamai, PhD

## 12:00 LUNCH/ VISIT VENDORS

— **Metastatic Lunch Session.** CHAIR: Joan Mancuso

— **Young Survivors Lunch Session.** CHAIR: Corinne Menn, DO

## WORKSHOPS 1:15pm

\* Integrative Oncology for Clinicians. Heidi S. Puc, MD, FACP, ABIHM

\* Diet and Nutrition in Cancer Prevention: Separating Fact from Fiction. Roufia Payman, DT, CDN

\* Visualization to Relieve Stress. Ajamu Ayinde, MA, ACH

## WORKSHOPS 2:30pm

\* Overcoming the Side Effects of Cancer Treatments. Scott Berliner, RPH

\* The Environment and Breast Cancer. Kathleen Curtis, LPN

**SPONSORS:** American Society of Breast Surgeons Foundation; Genomic Health; MidHudson Regional Hospital of Westchester Medical Center; PROS: Professional Radiation Oncology Services; The Littman Cancer Center at St. Luke's Cornwall Hospital; American Biosciences; HealthQuest; Sawyer Savings Bank; HealthAlliance of the Hudson Valley; Diane & Gary Kvistad; Woodstock Chimes; American Printing & Office Supplies; Joan Schuman Associates; Sunflower Natural Foods

## SPEAKER BIOS

Ronald Stram, MD

Heidi Puc, MD

Scott Berliner, RPH

Roufia Payman, DT, CDN

Anne Skamai, PhD

Corinne Menn, DO

Ajamu Ayinde, MA, ACH

Kathy Curtis